



SUBUD WORLD NEWS

The ISC Newsletter

Issue No.32

July 2005

THE LAST ISSUE AND GOOD BYE!

This is the last issue of Subud World News - the ISC newsletter - in the current term. I have enjoyed trying my best to keep you all informed of the "official" news of Subud worldwide, at least those of you who like to be informed of this kind of news. This newsletter has been circulated worldwide to all National Committees and to all groups and members that have subscribed to it along the last few years, to a distribution list that now has 537 subscribers, though I hope it is read by much more members! The next ISC will hopefully start from this point and get it up to 3,000 subscribers, which has been my unfulfilled dream!

I take this opportunity to say farewell to you all around the world, as even though I will meet many of you at World Congress, during the last four years I have had the chance to interact with so many and have felt close to you all, even to members that I have never met but to whom I feel as close to as if I had known them for years. Only their faces are not familiar to me!

This interaction has showed me the vigor and strength that so many members in every corner of the planet have in their commitment to Subud, and the deep understanding that many have. So, beyond the changes and adjustments we may need to give to our organization and to our ways of doing things, I know that Subud is very alive and that so many are sincerely devoted to help it grow and spread.

I am now in Innsbruck getting ready to hand my role over to the next ISC Chair, and helping with the Congress organization, working at the COT office that is crowded with COT members working incredible hard, answering emails and phone calls from everywhere, preparing lists and materials and programs, checking the accommodations and the bookings, preparing the places, and much more from 9 am through 10 pm and even later, in a happy spirit of comradeship and respect for each other. And their home made meals taste healthy and delicious!

Sometimes, in watching them work, I think that if we could put at work in enterprises the synergy and harmony that I find in their team, the success would be at hand for us in Subud. Well, perhaps they are our pilot project! The Congress promises to be a huge event, with over 2500 members already registered and many more expected to pop up at the last minute, to enjoy around 250 different activities in seven different venues, including every kind of workshop, musical and cultural events, all therapies provided by the SIHA members, the multiple Susila Dharma activities, all the official forums, the Congress @ Quest, the many sports activities, kindergarten for 75 kids from 3 to 7 years old and



2513 members from 66 countries registered up to July 14th

www.worldcongress2005.com

more than 100 from 8 to 12, etc., all of it staffed by 120 youngsters that in this way are helped to afford their attendance, on top of the many that are being assisted through the "We're All Going" (WAG) project, and with many delegates from developing countries being helped from the Congress budget. It is our grief that many others have been denied their visas in spite of the many efforts of Subud Austria and the COT. We pray God may compensate their disillusion. The Tyrol has been rainy and cold in the last few weeks, hopefully getting ready to treat us with a wonderful summer full of sunshine and joy. Yesterday has got warmer and the sun has finally showed up. But you can never be sure in the Alps, so take some winter cloths as with rain the temperature can be 15 Celsius at night, though can reach 32 in a sunshine afternoon.

It has been a great experience to perform my ISC job with its ups and downs, though always positive and inspiring. A big thank you to the many of you that have been so supportive and encouraging for the three of us in the ISC team.

Love,
- Laurencio

FROM INNSBRUCK

Harfijah writes,

Dear Brothers and Sisters,
Harfijah Oliver here reporting from picturesque Innsbruck, Austria. I have come early to be of service to the Congress Organizing Team. They are so busy that they hardly have time to encourage members to come to Innsbruck and describe in more detail what our venue and this fair city offers for Subud. I hope to describe some things members may not be aware of and share my own impressions of Innsbruck and what is to come! A lot of information has been on the wonderful website www.worldcongress2005.com but sometimes one misses information if you don't click on every topic. At least this happens to me quite often in this 'information overload' era we live in at this time. So, brothers and sisters, if you were on the fence about coming to Innsbruck, come join us. It really will be brilliant with fabulous venues and entertainment for the whole family.

First of all, most of you know that this Alpine town is in the valley of mountains and most well known as a ski town. It has hosted winter Olympics twice in the past. It is quite easy to get around and pedestrian friendly (once you get use to reading a German map). Innsbruck is a cultural center which has taken 800 years to evolve. A town of art treasures, including the famous Golden Roof, the "Black Knights", the Imperial Palace and Ambras Castle.

Everyone, including Granny, is riding a bicycle as the preferred choice of transportation. There are excellent trams and buses throughout the city, but I must say it is lovely to walk here. Subud negotiated discount tickets to use during the time of Congress and that will be available for purchase at the registration desk for 15 euros per person.

There are parks along the rivers with big trees in town. There is an "old town" area with old architecture. There is much to be in awe of as one admires the Baroque period of architecture and Gothic influence as well. There are church bells ringing and much to skip about, along cobblestone streets. Directly across the street from the Congress Centre is a shaded park with fun castle play structures for children and walking paths for everyone.

There are public buses that can take you up to hiking trails in the mountains and a famous ski jump with a restaurant on top with incredible views (I've seen the brochures here, but haven't gone yet). One can also pay for lots of other excursions outside the city including, bungee cord jumping, kayaking, rafting, asphalt curling, Qi Gong centres and health spas.

Fast Facts on Innsbruck

Population: 128,000 (among them some 20,000 University Students)

Location: Innsbruck lies 575 meters above sea level, at the confluence of the rivers Inn and Sill. The town is encircled by the limestone rock face of the Nordkette Range (2,334m) and the Hungerburg Plateau to the North, and by the lofty Patscherkofel Peak (2,247m) and gently rolling foothills to the South.

Visitors: Innsbruck attracts some 5 million tourists from all over the world each year

Alpine Zoo

Europe's highest situated zoo (727 m) is unique. In generously fashioned aviaries and enclosures, it shows more than 200 animals and enjoys great respect among international experts. Due to its lovely location in the midst of the mountains, it is very popular among its visitors.

Activities available for Young People, Artists and those open to try:

We will be transforming the Seventh Chapel annex into a 2 floor Art Studio with:

Drawing and painting

Clay, sculpting

Sewing with machines available

Fabric art

Plaster with wire art (paper mache)

Spray Painting workshop with the permission to use a large fence

Drama and various theatre/dance offerings

Poetry Tree

Stilt making

Juggling

Café run by Subud members with snacks and beverages

A lovely yard for badminton and perhaps volleyball

This is a very exciting space and allows for generations to mix, create and display! Materials are offered free of charge to our members except for the spray paint for that workshop. The Seventh Chapel is empty (next to the Annex) and can be used for workshops and other spontaneous events.

The youth programme is in very capable hands this congress. Most are educators who believe in free choice for children and teens to allow each of them to be guided from within. This is why field trip excursions are not scheduled in but may be registered for by the teens themselves or children with their parents. There will be loads of information at the children and youth table in the Congress Centre.

Other options and choices for young people:

There is an Olympic stadium with a world renowned climbing gym free of charge to Subud members (see photo). Thank Anselm for arranging this!

Three sand volleyball courts open to the public.

Lake for swimming 20 min. away from the centre. (Park entry cost to public about 1 euro)

Soccer field

Scheduled sports games

Giant sized chess games

Indoor games in the Congress Centre and Stadtsale building

Table tennis

Music practice room for jamming and instruments available! Free!

Fashion Show volunteers (a lot of young people involved)

Viennese Ball (formal dancing)

Yes Quest (also known as Congress Quest for WC) "Open Spaces"

Three Café locations run by young Subud people for meeting points

PLUS: Workshops posted in the schedule that may appeal to all ages! Dance, drama, music, choir, exploration, art, storytelling, poetry, et al...

Helpful links:

www.innsbruck.info then click "e" in a red bubble on top for English. Other languages there as well.

www.innsbruck.at in German language

Please check the congress website where most of your questions can be answered before emailing the Congress team.

www.worldcongress2005.com

There are approximately 250 events going on besides the core Subud programme at Congress. There are three stage areas available for performance of all kinds.

There are rehearsal spaces available and room for spontaneous performances. There are scheduled performances in the Music Pavilion for the public to hear music, dance, comedy and storytelling by Subud members from all over the world. This will be a beautiful contribution to the town and a way to share our talents with the outer world rather than always being inward within our Subud world of a private congress. There is also a festival day open to all that is part of the programme where local press and the public may attend.

Much Love from Innsbruck,
- Harfijah Oliver

**REPORTS
FROM THE
WORLD
SUBUD
COUNCIL
(WSC)
AVAILABLE
ONLINE**

Reports from the various teams that make up the WSC are available at www.subud.net/diary.shtml including English, German, Russian, and Spanish versions of Daniel's Report & Proposals to Congress.

**INTERNET CONECTION
AT CONGRESS**

Please note that at the Congress Center there is wireless Internet connection available, so you can take your laptop, plug a \$30 wireless USB devise or bring yours and get online with broad band at any place in the Center. You will only need to ask at the Congress Information Desk for the codes to get access.

In case you don't have one or don't like to bring it here, at the Congress Center there will be an Internet area with 15 computers to be used by members at one euro per half an hour.

Wanted!!!

TEENS AND TWENS

for the

**OPENING POLONAISE OF THE
VIENNESE BALL at Congress!!!**

Sat, 30th july 2005 at the Congress Center

No dancing experience required!!!

**(There will be a workshop at congress to
prepare the dance!)**

GREAT PLACE FOR MEETING NEW PEOPLE !!!

BE „IN“ !!!

HAVE LOT´S OF FUN !!!!

SIGN UP NOW!!!!

emmaline@gmx.at

The opening Polonaise is dance in white dresses/ black suits. It would be great, if everyone owning a white dress / black suit could bring these to congress – so that the Polonaise is as authentic as possible! Additionally, if you don't want to take part in the opening dance but still have a white dress or black suit you are willing to lend – please, bring them to congress!! Thank you so much!!! The dresscode for a ball is elegant evening wear (black tie) – so bring something pretty if you can!

Looking forward to seeing you all there!

- Your Viennese Ball committee

PS: for more information on the ball visit the worldcongress2005.com site on the internet and check for Viennese Ball on the program.

PPS: it does't matter if you are a single person. You'll find a dance partner there!!! ☺

A LETTER FROM THE INTERNATIONAL HELPERS

Welcome to World Congress. As international helpers over the past four years, we have had the opportunity of visiting many countries and sharing the latihan with a great many of you. One of our final duties as members of this international helpers' group is to arrange kejiwaan activities during Congress. We have been meeting and communicating over the past months and working with the rest of the World Subud Congress and the Congress organisers to plan and prepare programs and venues for you; for all of us.

Our common connection is the worship of Almighty God through our latihan and in our lives. So Congress will begin with the first three days dedicated to this. We pray this will enable us all to come together, leave behind our worries and differences and allow an inner space for God to work in us. These three days will be an opportunity for each one of us to allow our latihan to reach a deeper level within ourselves and for us to gain a deeper understanding each other. Hopefully we will discover how we may let the latihan work through us more effectively in our daily lives in the years to come.

For this to go well we will each need to contribute something; love, patience, wisdom, flexibility, humour, sincerity, surrender, courage, inclusiveness and much more. That is between each one of us and God. Outwardly we have tried to arrange appropriate and adequate space, for latihan, testing, sharing, quiet times and whatever else it is we feel to do as an

expression of our latihan in our lives. We have asked all experienced helpers who are here to help us as we travel these three days and beyond. Practical matters such as daily newsletters, schedules, the helpers' desk and clear signs will, hopefully, enable everyone to find their way. We ask that all of us with language skills can help translate for our many members who do not speak English easily. We ask that those of us who have been in Subud many years look out for newer members and help them feel they belong with us all. We ask that those of us who are fit and well look out for those of us who are older or frailer and need consideration or a helping hand.

Inwardly this will be a journey of discovery. We hope that if we can all be open in our feelings we may be truly blessed.

The outer business of Congress; the worldly matters, the discussions, the working parties, committee reports and more – will take place from day four of our time together. We feel, that these first three days will be a preparation time, so that when we start to take up our outer responsibilities things will go well, have positive and effective results, clear decisions and focused plans for our activities over the next four years.

Please forgive us for our mistakes and shortcomings.

We pray that we can all make this a truly special Congress

With love from the international helpers

ART - INN GALLERY

Dear all,

The received e-mails urge us to explain the following in the hope of your support.

My sister Majela and I have been asked to organize the gallery on the Subud world congress 2005 in Innsbruck. So I went to Innsbruck to see the location and talked with Faustine and Leonard Lasalle.

Although we found some differences of opinion with the SICA team we accepted the job because we find it is important for the artists to have a place to show their work and to show this reality of the latihan or the unusual that might be felt by visitors.

The first thing we introduced is the name ART-INN gallery, the 'inn' refers to Innsbruck of course but also to the feeling of exchange we hope to realize.

We are glad with the change of the 15% to 20% because we feel it is a better amount. Still it is far to low to cover the costs, which we consider unprofessional. The 15% had already been introduced so we just took over.

We are happy with the change and will let the artists know about it.

It is not easy to communicate with so many interests and responsibilities, please forgive if we said anything wrong.

With love,
Rachel & Majela

FROM DANIEL CHEIFETZ WORLD SUBUD ASSOCIATION CHAIR

At the end of May, about 30 of us met in Austria for another Congress organizing working weekend. A smaller group met to try to come up with some words that could express the feeling and intention arising about Congress. We would like to share it with you.

Our Objective

We are coming together to openly share our latihan, our experiences, our needs – what works and what doesn't – and to have the true freedom to make the changes we need in our personal and collective lives. We will design spaces and processes that can involve everyone – not just the organization – and focus on this effort as the primary business of the Congress.

Our Intention

We will identify and commit to the changes we need to make, and make every effort to carry them out.

The Invitation:

Inspiration.

Wie soll des gehn?

Des wiss ma net!

Owa wir richten alles her,

Und warten auf euch.

The Invitation

Inspiration.

How is that going to happen?

We don't know!

But we are preparing the space,

And waiting for you.

CHILDCARE PROGRAMME

Information about the childcare programme is now available at the Congress website
<http://worldcongress2005.com>

Kindergarten and Kids Day Camp will start at 9 o'clock in the mornings. There is no extra charge for those children registered for the childcare and youth programme. On the 21st of July there will be a welcoming day with a programme for adults and children, and the general childcare program starts on the 22nd July. There is a choice of events, sports activities, creative workshops and excursions in which parents can choose to take part, together with their children. Please count on some rainy days and pack suitable clothing, which may also get dirty. We are still looking for help with the childcare programme. If you are experienced with children in free play and activity, and would love to accompany them rather than to direct them and want to commit as staff member, then you are the person to register at the "Get Involved" section on the Congress website (<http://worldcongress2005.com>). We need parents who would like to take the children to childcare activities and back to the congress centre each day (15 minutes each way). Volunteers need to be willing to help for 4 hours a day, plus one hour team meeting on the day before regular volunteering starts. Also we need volunteer offers for baby sitting or running a workshop for kids. If you would like to volunteer to help us, please contact Lucie Graebe the child care coordinator at: salu.graebe@utanet.at

BUS SHUTTLE TIMES FROM MUNICH AIRPORT

The first Shuttle on the 19th, 20th and 21st of July leaves Munich at 9:00 and then every 2 1/2 hours until 21:00 (9pm). If you arrive into Munich before 15:00 (3pm) on the 21st July, you will be in time for the welcoming ceremony in Innsbruck. There will be someone in each terminal at Munich airport to guide you to the bus.

On the 4th, 5th and 6th of August, the first shuttles arrive at Munich airport at around 10:00. In case you need to book a hotel in Munich here is a website that might be useful
www.munich-info.de/hotels/lists/airportHotel_en.html

EATING AT CONGRESS CAN YOU HELP?

We will be setting up our own 'Subud Cafés' in different locations within our Congress Village.

Two Cafés have already been created, a third one is still waiting for 1 or 2 dedicated people who are willing, capable and would like to take over its management for the duration of congress. If you are interested to register as project leader, please contact the office at office@worldcongress2005.com or register under 'get involved' on the website and we will come back to you with further details. Thanks for your support!

ARTIST SUSAN WEBB WILL DRAW YOUR PORTRAIT A FUNDRAISER FOR SUSILA DHARMA!

Susan Webb, a master artist, will draw your portrait with pastels at the World Congress. She'll be located outside the SDI Congress office, and the proceeds will go to Susila Dharma. Susan has won the "Spirit of Galway" award and operates the Irish School of Landscape Painting. Sign up for your portrait at the SDI office. If you'd like to reserve a portrait ahead of time.
- Contact Rifka@susiladharma.org

THE WEATHER IN INNSBRUCK

Innsbruck in July can be very warm (up to 30 degrees Celsius / 86 degrees Fahrenheit) but also windy, rainy and quite cold (about 15 degrees / 59 degrees Fahrenheit), so the best thing is to bring layers, with clothes for a variety of weather. A light raincoat might be useful.

congress:TV

Starting on the second day of Congress, there will be a daily project called congress:TV. Each morning whoever is interested will join a Production Meeting to decide what subjects to go out and shoot, using a pool of video cameras. The idea will be to make short pieces about anything that interests people – such as a report on a football game, young people talking about their views, older members recalling the early days of Subud... whatever. Video pieces will also be made specifically 'for the camera', so there'll be dance and music videos, performances, dramas... At the end of each shooting day, the raw footage will be edited, for showing the following evening, with 'Video Jockeys' presenting the clips live onstage.

The project is open to anyone, and we expect TV, video and film professionals to be involved as mentors. There will be a pool of equipment to shoot and edit programmes, but anyone who has a mini-DV camera, tripod, or laptop-based editing system (such as i-movie) that they can bring to Congress will be especially appreciated! Please contact Harlan Cockburn if you have any of this equipment. And if you're interested in the project, e-mail Harlan with the subject line: 'Yes, I'm interested'. harlancockburn@aol.com

SYMPHONY CONCERT TICKETS STILL AVAILABLE

We urge those who would like to attend the symphony concert (July 29) to purchase their tickets in advance of Congress. Purchase with a credit card is straightforward at <http://subudusa.org/2005WorldConcert.php> or if you prefer, email Marston Gregory at accounting@subudusa.org to have tickets held for you.

LIKE TO DRIVE?

The Congress team needs drivers. If you're interested, and have experience driving on continental European roads and have a driving license for vehicles up to 3.5 tonnes, please contact office@worldcongress2005.com. This is a paid position (though we are also gratefully accepting volunteers!).

LIKE TO VOLUNTEER AND SHARE YOU TALENTS?

If you arrive a few days before Congress and would like to offer assistance in registration for a few hours, please contact ariella.schuler@aon.at (computer skills required)

Have a "voliday" at Congress! This is a unique way to offer your talents and skills for one day to help out at Congress. If you already know in which area you would like to volunteer, please fill in a get involved-form on the Congress website <http://worldcongress2005.com>

If you are not yet sure about it, here's the good news: you will have the chance to register for your "very special voliday" at the Congress info-desk every day!

DECORATE OUR CONGRESS

We need decorations for our Congress village. Please bring flags, banners, rugs, fabric, paper, card, art materials, and anything you think that would make our spaces look great. Please contact Freeman Wyllie with questions and input freeman.wyllie@bigpond.com

REGISTRATION OPENS AT NOON ON JULY 20TH

If you are arriving into Europe earlier than the start date of Congress (July 21) or the start of registration (July 20), you might like to spend your time in the beautiful city of Munich, just 2.5 hours from Innsbruck. This city boasts its Bavarian flair and famous landmarks including the world famous beer gardens and fine castles that were the crown jewels of Bavarian kings. Munich in summer time is one of the most charming cities of Europe (after Innsbruck of course), with pleasant walks and also lots of shopping in the larger stores that you won't find in Innsbruck. Or you could take a train to the lakes where you can bath in water from the glaciers and enjoy the panorama of the Alps where you will be headed in the next days. And here comes the best bit: let us carry you to Innsbruck from Munich Airport on our comfortable air-conditioned buses. Available 19th to 21st all day for 35Euro return price. Enjoy the spirit of Congress right from the start!

office@worldcongress2005.com

FUTURE OF THE 'YES QUEST'

We would like to invite you to an Open Forum on the Future of the YES Quest, to be held at World Congress on July 27 (am). While this is an open forum, we hope that those who are involved/interested in youth development, social welfare, education and those who are involved in running Subud Centres will come. We have exciting ideas for extending the Quest to more countries and also beyond Subud, and we are very interested in developing partnerships to take this forward. Please check the Congress Programme for exact time and location of the Forum.

With best regards,
Peter Jenkins (for the Quest Team)
peter@subud.org.au

GETTING INVOLVED

We have had a fantastic response to our Get Involved requests. At this stage we are not taking any more workshop offers until Congress begins. If you would still like to run a workshop, just come to the COT office during the Congress and we will find you a room and publicize your event via our daily newssheet. If you would like to send information before the Congress we will keep it on file for you. Thank you to all those wonderful people, about 200 members, who have offered your talents. And please bring more to the Congress. office@worldcongress2005.com

IS THERE A DOCTOR IN THE HOUSE?

We need volunteer doctors to be on call to help with medical emergencies at the Congress. There is also a need for volunteers experienced / qualified in first aid to help for a few hours in our first aid station. If you can help please contact Lutfiyah Murray at Lutfiya@purespeed.com

HISTORY OF SUBUD - REPORT FOR CONGRESS

HISTORY OF SUBUD books:

Book 1

Preparations for 2nd Edition included transferring the old files on floppy disk to a new electronic file. This was difficult and it took some time to find a way to transfer the Mac ghazali fonts developed in the USA for Book 1 into a PC readable version that we could work with here. The erratum was inserted into the text during this process.

Book 2

Book 2 was published in July 2002 after a long and drawn out process involving difficulties with editing, retirement of the History project manager and various other impediments. Amalijah needed to divert her focus from other work in order to get the book published.

Book 3

Already in draft: Forward, Preface, Chapter 1 – Recapitulation of events covered in Book 2; Chapter 2 – The beginning of the first Subud nursing home; the new translation of Susila Budhi Dharma; the first Subud periodical in the West; Chapter 3 – The start of Subud in South Germany and Switzerland and Bapak's first visit to these countries; Chapter 4 – The start of Subud in Sri Lanka and Iksan's first two visits to this country. All Chapters have accompanying notes.

Words to date: Approx. 53,000.

Source material used to date: Interviews 12; Other documents 13; Periodicals 16, books 4. A digital copy and a hard copy of all source material has been made, identifying what has been quoted and what referred to.

Time lines are complete to date.

Bibliography complete to date.

Lists of names of members mentioned is complete.

ANCILIARY WORK

Source Material for use in the History Project.

The History of the International Design Consultants (IDC). This was compiled for the History Project by Raymond van Sommers working with Abdullah Pope and Ramzi Winkler.

SAI (UK) and UK National Archive.

Photocopies have been made in Manchester (mainly by Mirabelle Viviana Scott) of documents from the SAI (UK) and the National UK Archive. These photocopies have been sent to Australia. Harlinah has catalogued and filed these photocopies. Approx 75% (716 entries) so far completed. Work is now in progress on the rest. When this cataloguing and refiling is finished, this Collection will be placed in SAI (Australia), and, apart from its usefulness to the History Project, this will be a Security Copy for part of the UK Archive Collections.

Anugraha Collection.

After the Big 2002 in the UK, Harlinah worked with Raymond Prescott on the Anugraha Archive then located in the Manchester Subud house. Non-personal documents of possible interest to the History Project were transferred to Canberra and are now located in SAI (Australia). These have not yet been catalogued.

History of IDC

The compilation of a history of the company established by Subud architects in Jakarta, was set up as a pilot project which hopefully can be duplicated by other Subud companies. Raymond van Summers, acting as coordinator, worked with Abdullah Pope and Ramzi Winkler, and together they produced a history of the

company for use in the History of Subud Project. They also provided documents of interest.

Other source material:

Other collections and individual documents have been collected. Harlinah has catalogued the collections. Collecting source material is ongoing. Among the documents received in this period were a history of the beginning of Subud in the Czech Republic; a Collection of early Minutes of the Subud Coombe Centre; an early published article by Husein Rofé; Subud LA Minutes relating to the purchase of the Subud property in Los Angeles; a Collection of photocopied documents from the Subud Hamburg house, relating to the earliest period of Subud in Germany.

Translations:

The German Collection mentioned above, as well as some articles from German periodicals have been translated, or are in process.

The late Rochana Balme's Collection (French) given many years ago to the History Project by Rochana, is now in process of translation. This work is being done as a joint SAI/History process.

Interviews:

Harlinah interviewed several people during the Big 2002 meeting in England. Digitalization of the History Interviews is in process. When these were transcribed originally, it wasn't possible to make an electronic version of the interview. This makes searching the interviews to include in books slow and tedious. We have managed to have 147 interviews photocopied and scanned to both pdf and word files. Some of the interviews are 30 pages long and it's particularly slow work for someone to cross check every line in the new word files against the original transcription to ensure the new electronic version is correct. In some instances we needed to go back and re-transcribe the original tape and Harlinah needed to check and edit some of those as well. This work is ongoing.

Transcribers: We urgently need reliable transcribers.

Work currently in progress on Book 3.

Identification of subjects for Index.

Chapter 5 – Bapak in England March 1958; Chapter 6 – The start of Subud in North America and Bapak's first visit.

Miscellaneous:

SUBUD IS A WAY OF LIFE by Harlinah Longcroft, belongs to WSA. The most recent published translation is in Russian, and it is also published in English, Thai, German, and Portuguese, and possibly in one or two other languages for which information is less precise. With permission from ISC, the electronic file has been forwarded for uploading onto the Internet. For the Russian edition, Harlinah updated the section covering Subud social projects to include ICDP as well as other more recent projects. These alterations were also included in the web edition, for which Harlinah also edited the original English. Amalijah edited and provided the digital copy. This book – only about fifty pages long - is still being successful, and the original English publication should be properly updated and improved by a more attractive cover, the addition of the Subud symbol, and some good photographs.

- Harlinah Longcroft

Canberra - June 2005

SHUTTLE BUS & AIRPORT INFORMATION

How to get the Shuttle Bus from the airport on 19th, 20th, 21st July:

- From Munich airport: Outside the baggage claim and customs at the airport security area one of our members will be waiting for you holding a Subud symbol. Our team members will guide you to Terminal 2 where our bus desk is. Here you need to provide your last name and booking code so we can check if you have already paid for the shuttle. If you have not paid by credit card over the internet you have to pay here in cash and only in Euros (35 Euro per adult).

Then you can board the bus to Innsbruck, where you will arrive about 3 hours later. You will be taken straight to the Congress Centre where you can access public buses, or take a taxi to your hotel.

If you have any trouble with the customs office or immigration, call this number: +49 89 975 95782, or give that number to the customs, immigration or any staff member at the airport. We can help you directly in Munich - please also see below a short paragraph of information to help you in case of any problems.

- From Salzburg airport: One of our members will be waiting for you outside baggage claim and customs at the airport security area. Give your last name and booking code so that that we can check if you have paid for the shuttle bus. If you have not pre-paid, you must pay here in cash and only in Euros (35 Euro per adult). Then you can board the bus to Innsbruck,

where you will arrive about 3 hours later. You will be taken straight to the Congress Centre where you can access public buses, or take a taxi to your hotel

- From Innsbruck airport: Our desk is located in the arrival hall after baggage claim and customs. The team members there, who will be holding the Subud symbol, will help you to find your way either by taxi or public bus. A Taxi is about 10 Euro. We recommend that you buy a special Subud Bus ticket here, which is valid for the whole time at Congress for all public transport. The price is 0-6 years free, 7-18 years 12 Euro, 19+years 15 Euro.

In case of any problems in the airports, please quote the following (German translation below) to a staff member of the airport, or immigration:

Emergency telephone number for Munich airport visa division, for contact with authorities and airport staff (booth number TT361 Terminal 2):

"Sir/Madam, the individual(s) in front of you is a participant of the Subud World Congress 2005 in Innsbruck, Austria. If there is any problem or question regarding a procedure with this individual(s), please call Extension 95782. Our team is equipped with access to the secured area and will answer your call from 08.00am to 10.40pm. Any question outside these times will be answered by our team leader Martin Fiedler on his mobile: 0178 46 77 341. Thank you."

DOLLAR A DAY CLUB AT CONGRESS

Sign-ups for SDI's "Dollar (or Euro) a Day Club" will be collected at the Congress – those who sign up will receive a gold and blue Subud symbol pin as our thanks for your support. (If you're not attending the Congress, sign up on the SDI website www.susiladharma.org and we'll mail you your pin!

VIENNESE BALL CLARIFICATION

The Viennese Ball (July 30) is open to absolutely everyone! Dress code is elegant, but not necessarily black and white, with ballroom dancing, waltzing and even disco for all tastes. The opening polonaise of the Viennese Ball is performed by people between the ages of 13 and 30 (there is a workshop for rehearsing the polonaise). Only the dancers in the opening ceremony need to be in black and white. For any questions please contact Emmaline Jung - emmaline@gmx.at

JUNE 14 REPORT FROM ACEH

From Marmitasari, Indonesia Relief and Development Network taken from SD International eNew

Here is a little bit about the place I am working. It is situated on the west coast of Aceh, in a small town called Teunom. To reach there, we have to fly with Humanitarian Flight Services arranged by UN by helicopter. The flight is about 35 minutes but as we stop at two places, it takes more than an hour. Five months after the tsunami, PLN (the electricity company) has not been able to reestablish the electricity. So NGOs are using fuel or diesel generators. I experienced waking up at 2 am, and it was totally black around me. I am working with AMI (Aide Medicale Internationale), a French NGO. This afternoon we met with other NGO members such as Action Contre la Faim (ACF) which deals with agriculture improvement and food production programs, German and Danish Red Cross who are doing psychosocial programs for teachers, and IDES (International Disaster Emergency Services) from the US. Sharing was very good and ACF would like to cooperate with AMI to help women whom they have found need special services. We told them the sessions will begin next week. AMI got a room at the Puskesmas especially for us if people need help. Would it be of interest to Subud to know that Teunom needs pre-schools? There was one before the tsunami but it is gone now. We met with the Deputy Head of the District and he proposed for an NGO to open a preschool. The District administration will provide the building because in the Indonesian school system, a child usually needs to undergo two years of preschool before entering elementary school. Other news: before leaving for Teunom, I had small meeting with IRDN team in Banda Aceh to follow up on IRDN's micro-credit program. Out of six ladies that received our loan, one couldn't fulfill her promise...

Ibu Rahayu's Talk

22nd Indonesian National Congress - Rungan Sari, Kalimantan - 25th February, 2005

RECORDING 05 TKL 2 - Final Translation by Raymond Lee

Brothers and sisters, I will wait until everyone is seated. Brothers and sisters whom I love and respect; may the peace and blessings of Almighty God be with you.

Before I give my explanation about the training of the soul, I want to express my joy and satisfaction at your willingness to travel here to attend this national congress in Palangkaraya, in Kalimantan. Because for you to travel so far, especially to cross a sea, is hard for you to do, and it is even harder to do if you are Javanese. In general, Javanese people are reluctant to leave their homes. I remember Bapak used to say, *"You can never get the Javanese to go anywhere! They just want to stay at home."*

So, the challenge for us – in order that the members know and follow what goes on at congress – is to make sure that, regardless of where the next congress is held, as many members as possible participate in the congress. That's necessary because a Subud congress is unlike any other kind of congress. At a Subud congress members get to hear explanations about the development of the soul.

So, if you have come here, but you are not a delegate, don't think that attending congress is a waste of time. It is our responsibility as Subud members to participate in the congress so that we motivate members who are delegates, keep up with developments in Subud, so that we feel part of the Subud family.

Brothers and sisters, tonight I will give you an explanation about the latihan which you do. Although you will have heard this explanation many times before, or will have read it before in publications, I know that some members here are new to Subud and may have only joined Subud in the last two years. As for the members who have been in Subud a long time, this explanation will help you to feel a deeper understanding.

To begin, I want to say that our aim in Subud can be expressed

as *"We come from God and we will return to God."* Even though we can express it so simply, this is a life journey without end. This is because when we say, *"We come from God and we will return to God"*, we do not mean the latihan just prepares us for death. Well, usually when people say *"...return to God"* they mean death. But, in Subud, this saying does not refer to the death of this [*Ibu indicates her body.*] It means: What is the content of your life? This life that is so full of challenges; and work that we have to complete, before we can return to our Creator as God intended.

Before we can find our right path, we first need to, or it is necessary for us to know, why we are here and who put us here, and to feel *"I know who I am and I know who you are..."* Brothers and sisters, this is not easy to understand, or to experience, unless you have been given a way to do so. But, praise God, the way that was lost for thousands of generations, the way that once connected human beings with their Creator, has surfaced again.

Why do I say it has surfaced again? Well, in times gone by, in the time of the prophets for instance, a connection – like the latihan we experience now – already existed. So the contact between a human being and the power that created that human being could still be felt.

But why have we forgotten this contact for so long? It is because of the influence of the material world that constantly acts to separate our true self from the power of God. The result was that this contact grew further and further away until it was forgotten. So, now we have Subud, it is a lifeline for you, and it is as well a Grace from God, as while you are in this world that is filled with all kinds of powers, you have been given this chance to know your true self.

Of course, brothers and sisters, you cannot study how to do the latihan. If you try to study it, the result won't be that you complete what God has given us to do. But,

to the contrary, you will distance your self even further from what is true.

Religions have given us all sorts of advice, theories, and moral codes. But in Subud, we don't need theories. In Subud we have to find our own reality, because it is this reality that will guide you. For example, you say you are a Subud member – well, it is you that has to become Subud.

Whether or not it is the case yet, you should have the qualities of *susila, budhi* and *dharma*.

You are the one who will lead you to the reality of your own life. No-one else needs to lead you, there are no theories that you need to follow. That's not so. Because, as we know in Subud, before we could receive this contact from the Power of God, we first had to be opened. The fact is that at your opening each of you was prepared to receive something, namely to follow this latihan that will lead you along your individual path.

And why is it that after you were opened you could move spontaneously and you could feel something that you had never felt before? The reason is that when you were opened your soul was touched by the Power of God, and once it was touched by God's power, your soul came to life. If you ask *"Why? Wasn't my soul already alive before I was opened?"* Yes, it was, but it was as though it was still asleep and it could not understand or know you.

And, of course, for someone who is not in Subud to receive this contact, again, the problem is we cannot describe it to them. They cannot imagine what it is, let alone feel it, or comprehend how it can touch our soul. Brothers and sisters, I say again, we cannot explain this to other people.

This is why it is hard to spread Subud, why it is so hard for Subud to be understood, or grasped by people who are not opened. The problem is that whenever we try to explain Subud to them, we hit a dead-end. Why are we blocked? The reason is that what we

experience is beyond the ability of the mind to comprehend.

For example, if you think about it, "Why can only a Subud member or a helper open someone? Why can't someone who is not in Subud open someone?"

If someone asks you to explain that, can you answer? If you say, "It's the Power of God!" They will say, "How do you know it's the Power of God?" "What's the Power of God got to do with the person who does the opening?" When you try to explain that you will never satisfy them, because the mind cannot grasp this.

That's why religions tell people just to have faith, that's it! There is no need for study or debate, because according to the religions that's just the way it is.

Brothers and sisters, don't raise the question of why can't we "teach" Subud to others again.

Apart from the fact that you can understand this for yourself from your own latihan, Bapak has also explained why in his talks. Well, I read Bapak's talks too, and there is one book of talks devoted to explaining why Subud is not a teaching, why it cannot be studied. No-one can teach you how to make progress in your latihan, no-one can pull you along any quicker; there is no way to accelerate or to enhance your latihan!

Brothers and sisters, I am deliberately not going to talk about what you should or shouldn't do on this path. Instead, I want to focus on the reality of your life, as most of you don't understand this yet.

Let's start with the quality of *susila* – we are people with a nature that is *susila* [meaning we behave in the right way]. But do we behave rightly? As Subud members, as people who do the latihan, do we behave well? Do we behave well 100% of the time, or only 50%, or is it only sometimes that our life has the quality of *susila*. You can feel this yourself. No-one needs to tell you to behave well, there's no need. It's for our own good. This is why we need to do latihan, so that we will be taught and we will be brought to life by the Power of God, so that in the end, whatever we do will be what God wills.

But you ask, "How should I choose between what's right and what's not?" Well, you don't need to choose! You just have to do

latihan and follow your inner feeling. If something doesn't feel right, don't go on with it. If something doesn't taste good, don't eat it. This is teaching from within.

To become someone with a nature of *susila* does not mean you just do latihan all the time, no. It's the content of your latihan that should be useful to you, and to other people. This is why we have *susila*, *budhi* and *dharma*. As we have *budhi* you should never forget that the Power of God is within you, that God is always close to you. Well, if you feel you are far from God, you are the one who has distanced your self from God.

Just to become someone with the nature of *susila* takes a long time. That's why we are trained in the latihan to move, we are trained to speak, we are trained to feel, so that all our senses come to life.

When your whole body is alive, when all your senses are alive, when your feelings are alive, it's that life that will lead you back to God.

When your mouth is alive, your mouth will make sounds that are guided by God. What God wills may still be in the form of sounds that are guided, but not advice yet. But members are often in too much of a hurry and think that what they say is what God wills, but in fact, it may not be from God yet, it still comes from the lower forces that you use.

So, each and every part of your body not only has to move, it must also be cleaned, so that what we receive will lead us along our own path of growth. Because, we can see in the world today that, as many of you have pointed out, there are all kinds of catastrophes, there are unexpected events, and events like these let us witness the greatness of the God's power.

But, if we don't do as I just said, if we don't try to have this nature of *susila* [to behave in the way God wills for us] then what we say and what we do will be very different. For instance, someone says, "Oh, I do latihan every day! I do latihan every week!" but they never go to latihan. That's the same as lying to your self. In fact in life – well, this doesn't just apply to Subud members, but it can also apply to people in high positions – many people are corrupt and get up to

all kinds of tricks. This all comes back to the question of *susila* – behaviour that really accords with God's Will.

God Willing, once many people's lives have this quality of *susila*, as well as *budhi* – *budhi* means to rely on the power of God that is present both within and outside a human being – then those people will no longer act just as they wish, they will know that something inside us keeps track. So in short, now that we have the latihan we must try to become people with the nature of *susila*, *budhi* and *dharma*, so that we become people of good character and can be an example for others to follow. Because once someone can bring their own life into order, they won't just bring inner calm and peace to themselves, but to many others too, to your fellow human beings.

So, brothers and sisters, we have to learn to have faith in our own self, so that in whatever we do, in our every activity, we will be accompanied by the Power of God. Then you won't be able to lie anymore – if you do, you will just be lying to your own self.

But your soul won't grow if you don't do latihan. It is by doing latihan that we have a way to awaken our soul so that we will be guided; we will be guided in whatever we do, in the way we behave, in our daily life. It is in daily life that we face the temptations and challenges of life that we all have to face. But, as your soul grows, you will increasingly be able to feel what is right for you and what is not.

But, too often, you give up too easily, you don't have faith in yourself. You think that what you have to face is a calamity, you think you have failed in your life. Of course, a failure stems from a mistake of some kind. So, you have to find out what your mistake was, you have to become aware of it, so that you will avoid making the same mistake again and you won't keep repeating it. If you keep repeating a mistake, if you don't make an effort to improve, that failing will become an unwanted part of your character. And of course, it will block your path.

So, when you face such problems, ask God to show you the way. But often you don't have faith in your own self, so you go

and ask this person or that person instead. You don't just ask other members, sometimes you go so far as to ask a fortune teller. Doing that is clearly not God's will. Of course, in this life we cannot discard our lower forces, our desires, as they are the equipment we need to live here. You can say that no human being can be free of the lower forces. But in Subud, as we have the latihan, don't foster or give preference to your desires – they are just your equipment for life. We say that we need our equipment for life, as it helps us in our lives. Each force has its own nature. There is the passion we call *aluwamah* which gives people the energy to live. Without this energy we would have no will to live, so you need this force to be able to live here. Then there is the passion *amarah*, our desire to work. So, even though you do latihan, even though you are in Subud, you still have to work. What kind of work? Well, you have to go latihan regularly; you have to behave well. It is all work. Then there is the *supiah* force, which gives a person the desire to know things. It is this desire or curiosity that causes human endeavour. The final passion is *mutma'inah*, which causes a human being to weigh up what is right and what is wrong for them. So, with these desires, brothers and sisters, as you go about your daily life, you may feel hesitant, or cautious. You feel, "*Should I do this or not? Is this right for me or not?*" You need to act wisely then – choose the path that won't endanger you, that is easy for you to follow, that won't burden you in your life. Because if you want to do something and you feel uncertain, it is a sign that your desire to do it has come from your lower forces, that it will be bad for you, that it will harm you. And you have to face all this, you have to do all this with surrender, meaning an attitude of acceptance and a willingness to let go. Because, if you can maintain that attitude, it means you surrender to God and then God can give you what's best for you. And by doing that you will be trained to rely on your own self. That's necessary because the capacity of any individual is

limited, so you cannot put the responsibility for your life on anyone else. In short, the progress you make in the latihan depends on your own state. There is no method – there are no tasks you have to complete so that you can rapidly progress, as you would in school if you want to move up a grade quicker. So, don't be in a hurry to ask, "*Oh, what level have I reached?*" Some of you think, "*Oh, I am on the rohani level!*" You think you have achieved this, or that. There's no need to think that way. As a human being, all you have to do is to live your life and worship God with a feeling of acceptance, surrender and the willingness to let go that I just spoke of. What I mean by acceptance or willingness to let go here is... well, it may be easy for you to say you accept something, but you don't really understand it yet, "*What does it really mean to submit?*" So, for instance, you have to accept a situation where you have no money, but you worry, "*Gosh, if I just submit, where will the money come from?*" However, to submit does not mean that you don't do anything. On the contrary, when you submit a problem you present your soul with a challenge. It's a test for you as to how far you have faith in the Power of God. This is something you will be taught to do from within. No-one can teach you how to do this. There is no way I can teach you, "*Oh, you must be willing to let go!*" I don't know the extent of your capacity to submit. That is not between me and you, it's between you and God. That's what's meant when we say Subud is a reality that we cannot avoid, that we cannot cover up. For instance, someone says "*I am a good person, a good human being, because of the latihan.*" But their behaviour and their actions do not support that. So, why would anyone believe them, or respect them? They don't do as they say! So, in Subud, if I may say so, all our behaviour has to reflect our growth. Someone feels they should be respected... well, no-one will respect that person as long as that wish just comes from their desires. Yet someone else, someone who has no such expectation, is respected and

loved. That's a reflection of your behaviour. When I said just now that we have to rely on our self and be self-reliant, I don't mean that you can say, "*Oh, I'll just do latihan on my own!*" and you do whatever you want! That's not right either. In Subud we are meant to do latihan together and to work together, so we will always have a feeling of unity or togetherness in everything we do. Because, if we can have this feeling of togetherness, God will strengthen us and may even give us something we need. This is what we hope for as human beings. We can't just work on our own – we have to help each other. The strong should help the weak. The haves should help the have-nots – that is, people who have no money. And those that need advice should get advice from others. That's needed because human beings can't always... well, if someone is in a state of darkness they cannot surrender, they need to be helped by you or a friend, and so get help to overcome their weakness. If you have been in Subud many years and you feel you have a lot of experience, you should encourage these members and help them to re-awaken their inner self. That's needed, because it can happen that as someone meets the difficulties of life, they forget themselves, and they may even blame God because they feel their life is a failure, or that they haven't had good fortune like others have. Someone in this state needs guidance, and that is a role for those who have been in Subud a long time. You can help reawaken them and remind them to return to their path. Originally they said their goal was to return to God, but they have been snagged on the way. They met some obstacle and they blame it on God, so they don't come to latihan anymore. This means they have given up half way. This is why we can say that at this time, in this age, we need to see the reality in Subud. If you feel you are Subud, if you can feel what the latihan is, now you need to put it into practice. Whatever you do, however you act, you must base it on this reality. So don't say, "*I'm a good person!*" but your behaviour and actions

don't reflect that. That's not right. Make it a reality. If you say you are a good person, you have to become one. If, for instance, you want to work in the social welfare field, if you want to help your fellow human beings, you have to show that you act from a clear feeling, that you are free of self-interest; you have to demonstrate your willingness to help.

That's because it is not you, nor is it your friends, nor is it the government that will monitor what you do, because within you is the Power of God.

We are only in this world a short time, so, what's the point for us old people to act in ways that will create controversy or disharmony in Subud. Many young members need support and guidance from those of you who have been in Subud a long time. They want to know from you because they never heard directly about this spiritual path, whereas we were guided or nurtured by Bapak in person. So we have to give this to them with a feeling based on this reality, so that what we do will set a good example for the young people.

It's fortunate that the spread of Subud does not depend on individuals, but on the Power of God. So, even if there are disputes in the groups, Subud keeps growing and people still seek Subud out – people who want to find the right path for their life. But we have the same problems everywhere – someone feels they are right and others are wrong, someone says we have to do it this way, that Bapak said it had to be this way, that this is not what Bapak wanted, and so on. What's the point of debating those things? Bapak set out clear guidelines for Subud, even down to what we have to do to spread Subud. So, if we are blocked by needless disputes, we only block our own progress.

As we get older we become better able to feel things. But we can feel from within that we don't want to

know about something, or get involved in a problem, because we sense there is a limit to what we can do.

Even for me, it is difficult now. In my own experience, in the past, it was relatively easy for me to help members. But now, when someone asks me questions, I get a headache. This shows my mind doesn't want to think about such things any more. It's not because I don't care, but if I force myself, I will become ill.

So, don't think that, *"Well, for us old people, the older we get, the more we go backwards in the latihan!"* Some of you think that! But it's not true, as there is no end to the development of the soul. As old people, we also need to reawaken our souls. So, don't think that you are too old. If you think that, you really will age quickly. For example, you feel sleepy, so you just sleep all the time. Don't do that!

You need to be active in this life – you can read, you can write, you can go out – so that your soul will be active. If you sleep, your soul sleeps too. That's why Bapak used to say that there is no such thing as retirement, we only stop working if our body is physically not capable any more. That's when we retire.

That's all brothers and sisters. I have purposely not said much tonight because I wanted to emphasise this issue of reality, because, from what I hear and see we still do things that are out of place in Subud. When will this stop? As an old member, this troubles me.

So, brothers and sisters, I ask you, as you follow the latihan in Subud, to submit and have no self interest. To submit means we are willing to accept whatever the outcome will be – that is, after we make an effort. Of course, as human beings, we can make an effort, but if God wills that it should be like that, then we should accept it and then, through

our acceptance, a way will be found, God will give us something. That's all, brothers and sisters. I have not said much tonight, but I hope this short talk will motivate you to continue your latihan and develop your local groups, wherever you come from, so that we will become good examples to humankind.

Because if we worship God sincerely, God will not forget, God will not overlook our willingness to submit. For instance, in the face of the recent catastrophe [*Asian Tsunami*], God Willing, those of you who do latihan were protected by the Power of God, because of your worship of God.

Oh...don't get arrogant now! *"Oh, because we are in Subud, we will be protected from danger!"* However, thanks to the Grace of God, members were protected in the recent disaster. That was by God's Grace. When it happened, I received letters from everywhere asking, *"Ibu are you alright?" "I am fine; I am far from where it happened."* Then they told me that no-one was lost there either. Thank God!

In Sri Lanka, the Subud House was unaffected, the water stopped a few meters from the house. Behind the house is a railway line and a train was passing – all were lost. The train and every one in it – thousands gone.

It was God's Grace that we were kept safe in that disaster. We can see in this, we can witness, we become a witness to the greatness of God's Power. In the face of such events, no human can prevent it, or deal with it. That's all, brothers and sisters.

We will meet again tomorrow for testing, and the purpose of testing is so you will feel for yourself, you can check for yourself, whether all the parts of you are alive yet. Are they ready to receive what you need?

That's all. Good night. May the peace and blessings of Almighty God be with you.

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